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Welcome to the Les Encres Family! As your Canvas Session date approaches, please use this checklist to help select your ideal demonstration models. Your demonstration models are key to the success of your coaching day and can be a valuable asset to the marketing of these new treatments for you and your facility.

Personality Traits of an Ideal Session Model

Punctual	Self-aware
Cooperative	Articulate
Patient	Reliable
Loyal	Stoic

Behaviors of an Ideal Session Model

Active on Social Media	Versatile
Involved in the Community	Has a Sense of Humor
Responsible	Appreciates Structure
Enjoys Self-Care	Self-Confident

Ideal Session Models for all Treatments will:

- Range in age from 35 to 55 years of age.
- Possess experience in receiving cosmetic treatments (injections in particular)
- Agree to arrive 15 min prior to their scheduled demonstration time.
- Agree to sign the Digital Consent Form.
- Be willing and excited to share their experience with others through word of mouth and social media.
- Understand they are participating in an active coaching session and may not receive the traditional level of pampering they may generally receive from your location.
- Seek pre-approval for treatment from their primary care physician/provider.
- Not present any conditions that are contraindicated for the insertion of PDO, PLLA and/or PCA threads.*
- Not have had any current threads placed in treatment areas within the last 10 months.
- Have neurotoxins injected into active treatment areas 2-3 weeks prior to the Session date.
- Avoid the consumption of aspirin and vitamin E for 10 days prior to the date of procedure.
- Avoid NSAIDs such as ibuprofen for 7 days prior to the date of the Session.
- Avoid consuming alcohol for 3 days prior to the date of the Session.
- Understand and agree to complete any desired Laser treatments 3-4 weeks prior to the session date.
- Understand and agree to avoid Laser and Radio-Frequency based procedures to treatment areas 4 months post thread insertion.
- Understand and agree that any desired dermal fillers should be placed at least 3-4 weeks prior to or 3-4 weeks post the session date.
- Willingly adhere to all Post Care Instructions

Non-Ideal Session Models:

- Possess heavy tissue in the face, neck, untreated platysma bands and DAO's and/or have had Accutane in last 12m.
- Have a low tolerance to discomfort.
- Are anxious, "jumpy" and unreliable.
- Have unrealistic expectations and/or body dysmorphia

* See reverse for full list

Examples of Ideal Models for Mono, Screw and Multi Thread Modules:



Examples of Ideal Models for COG thread Modules:



* Les Encres, LLC recommends each coaching day model seek pre-approval for treatment from their primary care physician/provider. The insertion of PDO, PLLA and PCA threads is not recommended when the following conditions are present:

Pregnancy or breast feeding.

Known history of allergic reaction to PLLA or PDO/PDA suture.

Do not use in areas with non-absorbable silicone implants.

Active infections, open sores, active viral outbreaks (HSV), or other inflammatory conditions at or near the treatment area.

Current treatment with anticoagulants such as Coumadin or Heparin.

Predisposition to keloid formation.

History of anaphylaxis reaction to injected products, non-compliance with post-care instructions, or repeated history of unsuccessful PDO/PLLA thread treatments.

Hepatitis B, C, and HIV/AIDS.

Chronic disease processes such as Diabetes and Tuberculosis (Physician may treat based on their evaluation of the condition if determined to be controlled and patient is compliant with treatment and /or condition has resolved).

History of blunt force trauma

History of severe allergies.

Under the influence of illicit drugs or alcohol.

Oncology patients.

Porphyria- pertaining to a classification of inherited blood disorders.

Hemophilia.

Active acute infections (Influenza is an example. Preferable to proceed post-therapy and resolution of infection).

Poorly controlled Diabetes.

Chronic use of anticoagulation medication and/or patients with bleeding tendencies.

Active immunosuppressive therapy.

Those with Herpes Simplex Virus Type 1,2, or 3 should have a standing drug order for 500mg of Valtrex 1 day before the procedure a 500mg 3-5 days post procedure if they remain void of viral symptoms.